

# DEANNE CALISTHENICS CLUB INCORPORATED

Established in 1975



## Welcome to Deanne 2025!

We have a very successful and proud history and entertained a busy 2024 and can't wait for 2025! You can register anytime from now - please click on this link to complete the online registration form:

<https://forms.gle/pJGPTuWsUMMphFyx6>

Calisthenics is a competitive team sport requiring **all** participants to compete in **all** competitions. It is important that you understand this level of commitment is required. We usually participate in 3 local competitions with our Subbies through to Senior teams also travelling interstate for their final competition of the year. Tinies make a collaborative decision each year about competing interstate - usually in Sydney. These competitions are a wonderful experience and performance opportunity for all our competitive members. We will close the year with our annual concert and presentation in November.

We offer come & try sessions free of obligation. Please see our website or talk with the team Manager about offers available. Feel free to invite others to join us or speak to us if you would like to participate on a trial or non-competitive basis.

### Uniform & Classes

All classes are held at our club hub (St John Vianney's Primary School Waramanga). Participants need a club jacket and may order and purchase other optional club merchandise items. Training attire is a black leotard, tights or leggings with an aesthetic skirt (refer fees schedule), crossover top/similar for colder weather with hair up and off face.

#### 2025 Classes commence from week of Sunday 2nd February.

Age groups are defined by age as of 31 December 2025 with training times as follows:

Teenies	2-5 years	<b>Sundays 9:00am – 9:45am</b>
Tinies	7 years & under (born 2017 onwards)	<b>Sundays 10:00am – 12 noon</b>
Subbies	8 – 10 years (born 2014 – 2016)	<b>Sundays 12:30pm – 3.30pm</b>
Juniors	11 – 13 years (born 2011 – 2013)	<b>Tuesdays 5:00pm – 8:00pm</b>
Intermediates	14 – 17 years (born 2007 – 2010)	<b>Wednesdays 5:30pm – 9pm</b>
Seniors	18 years & over (born 2006 & earlier)	<b>Mondays 6.15pm – 9.30pm</b>
Masters	26 years & over (born 1998 & earlier)	<b>Thursdays 6:00pm – 9:15pm</b>

### Fees & Fundraising

Fees cover all classes, competition entry fees and costume hire. However, we do not recoup all costs via our fee structure. We volunteer, fundraise and work together to create costumes and stage properties to enhance participation, support performances and assist the operation of our club. We are committee run and invite you to take on a role and participate in our regular meetings.

- **Invoices:** You will receive one invoice for 2025 broken into 3 instalments. Individual adjustments are made for your fundraising & incidental purchases/costs i.e., merchandise. Updated invoices are sent out prior to each due date as a minimum. Any outstanding fees must be paid before new registrations can be accepted.
- **Payment options:** Direct deposit into our account is preferred. You have the option to pay annually or by regular agreed instalments (e.g., weekly, fortnightly etc). If you'd like to pay by instalments complete the *2025 Direct Deposit Schedule* and email to [treasurer@deanne.com.au](mailto:treasurer@deanne.com.au) then please set up your instalments to facilitate payment. All fees must be paid in full by the end of November.
- **Discounts/split payments:**
  - Deanne tuition fees can be discounted by 5% if you pay your annual invoice in full within 6 weeks of issue.
  - We offer a generous 20% family discount on the Deanne tuition fees\* components for second and subsequent siblings.
  - Invoicing can be split and issued directly to each parent (noting each parent must sign the form).

Contact our Treasurer to set up any of these options or if you are having trouble with your payments.

2025 Fee Structure (subject to adjustments to usual activity/cost fluctuations)						
Instalment	Fee Component	Tinies	Subbies	Juniors	Inters & Seniors	Masters
1	CaliACT affiliation fee	\$95				
	CaliACT ticketing levy	\$35				
	Aesthetic skirt hire	\$10 hire		\$35 to purchase if needed		
	Deanne tuition fees*	\$232	\$320			
	Interstate Travel 1 <sup>st</sup> instalment	If applicable	\$250			If applicable
2	End of year Concert fee	\$50 for the 1 <sup>st</sup> participant, \$20 for additional participant				
	Deanne Fees*	\$232	\$320			
	Interstate Travel 2 <sup>nd</sup> instalment	If applicable	\$250			If applicable
3	Deanne Fees*	\$232	\$320			
	Interstate travel	If applicable	Balance owing			If applicable

**Please note:** Interstate competition costs are generally reduced by your fundraising efforts. For Subbies to Seniors this will be \$750 (2 nights) or \$890 (3 nights). The duration depends on competition timing and team travel arrangements and includes all transport, meals, and accommodation. Your team manager will keep you informed.

- ✚ If you are a member of **Canberra Southern Cross Club** - please link your membership card to Deanne Calisthenics Club as part of their Community Rewards program. They return 7.5% of your spend on food and beverages back to Deanne. Please visit their website and complete your details by clicking [here](#)

#### Additional information

Visit Deanne website [deanne.com.au](http://deanne.com.au), our Facebook page or Instagram to keep up to date on news and events.

The following provides further detail to the acknowledgement and consent items in our registration form:

- Additional individual costs could include Deanne social activities and personal items such as flesh underwear and team uniforms, dance shoes, and make-up if required. Please note that age-appropriate stage makeup including false eyelashes and tanning products are mandatory for all team performances unless precluded by a medical condition. (Tinies don't use tanning products in accordance with association guidelines.)
- Fees include the annual hire of clubs and a rod. If they are lost or damaged, you are liable for the full replacement cost: \$55 per pair of clubs (applies if either club is lost or damaged) and \$30 per rod.
- Fundraising organised by Deanne, while voluntary is for the benefit of the whole Club and your participation will be required during the year.
- Photos and video footage may be produced during training and performances and may be used for promotional purposes.
- Name/s of participants and competition results will be included in programs/yearbooks and may be published through all forms of media.
- Contact/individual's details will be secured appropriately and advised as required to the relevant association, competition convenors and team management/members.
- All volunteers 16yrs of age+ are required to hold a current Working with Vulnerable People card, provide a copy to our registrar, and produce it on request. [Working with vulnerable people registration](#) – is free for volunteers.
- Everybody must be aware of and comply with the appropriate Codes of Conduct and Social media use policies. This applies to ALL participants, family members, volunteers, administrators and coaches. For further information on these and other information on our sport go to the Australian Calisthenics Federation website: <https://www.calisthenicsaustralia.org/portfolios/policies> and <https://www.calisthenicsact.com.au/sites/default/files/documents/admin/cali-act-social-media-code-of-conduct.pdf>.

Please contact your team or club management at any time if you require further information.